Welcome

from your Co Headteachers,

Dear St Mary's Families,

We have had a very exciting week as we get ready for one of the best events of the year—Arts Week! Our teachers and staff have been busy planning fun activities, collecting materials, and working together to make Art Week amazing for all the children. We'll share more details soon, so keep an eye out!

OPaL Play: Coming Soon

This week, our staff also took part in a special training about OPaL Play. OPaL Play is a programme that helps schools create better playtimes for children. It's all about making sure there are lots of fun things to do, places to explore, and ways to play together. Play is a big part of learning, and we're excited to use these ideas to make playtimes even better for everyone. https://outdoorplayandlearning.org.uk/parents/

You may also be interested in this read too.





We are also thrilled to start our first Little People, Limitless Dream activity with Year 4! For this activity, Year 4 will go into the science lab to learn about Dirty Digestion. They'll get to do hands-on experiments and see how the human body works in a fun and exciting way! I am sure you will all hear about the results of the experiment!

Reminder: Hampton Foodbank – Assembly and Donations On Monday 3rd February, we are welcoming Hampton Foodbank to our school. They will lead an assembly to teach the children about the important work foodbanks do to help families in need.

We are also asking for food donations to help the foodbank. If you can, please send in any of these items with your child on the morning of the assembly:

- Tinned meat
- Long-life fruit juice
- Tinned vegetables
- Tinned fruit







- Tinned custard
- Tinned tomatoes

This is a great way for the children to learn about kindness and helping others. Thank you for supporting this important cause!

Have a lovely weekend!

God Bless

Mrs. Woodier and Mrs. Wayland

Reminders...

Date	Event
Friday 31st January 2025	9am - MHST: Coffee morning for all parents across the school for managing anxiety for children
Tuesday 4th February	Year 1 assembly at 2.30pm
Friday 14 th February	Wear something red non -uniform day. £1 donation towards British Red Cross
17th February - 21st February 2025	Half Term
28th February 2025	Open Classroom from 2.30pm for all classes
Tuesday 4th March	Year 2 Class Assembly at 2.30pm
Tuesday 25 th March	Year 4 Class Assembly at 2.30pm
Thursday 6th March 2025	World Book Day
Wednesday 12th March and Thursday 13th March 2025	Parents Evening
Friday 14th March 2025	Inset day: School Closed for Staff Training
Tuesday 18th March 2025	Year 1 Trip to Brooklands Museum
Friday 4th April 2025	9am - MHST: Coffee morning for all parents across the school for managing anxiety for children – SATs prep
Friday 4th April 2025	Easter Service
Friday 4th April 2025	End of Spring Term
Thursday 24th April 2025	Year 2 Trip to Wisley Gardens
	Reception Trip to Bockett's Farm



Learning @ St Mary's

Year 4

This week, our Year 1 children have been busy exploring exciting topics across the curriculum! We've had

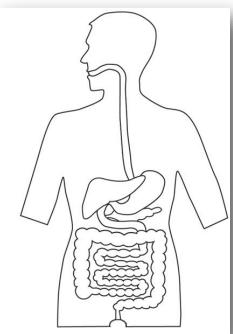
an exciting week in Rome class this week! The children got an opportunity to design and make their very own chocolate bars, ready to be taste tested by their 'target market' over the weekend. They thought very carefully about taste combinations and textures that work well together in a chocolate bar - so don't worry parents, there shouldn't be any nasty surprises! After making their chocolate bars, the children wrote their own set of instructions so that other children in the class would also be able to use the same recipe.

In DT last week, we tested out making a chocolate bar wrapper template that would cover and seal a chocolate bar. We also used Google Drawing to draw our planned wrapper design, showing



thought for the name, font style and colours used, in order to make the wrapper appealing to our target market. On Friday of this week, we made our final chocolate wrapper and have brought our finished chocolate bar home. Please can the chosen 'target market' person in your family help your child to fill in the evaluation about both the chocolate and the wrapper. Please return this to school on Monday as we will be using this information to write our final evaluations.

We have also been busy learning the name and function of each stage of the digestive system in Science.



This knowledge will be applied on Monday when we visit Bishop Wand for our 'Dirty Digestion' Science lesson, where the children will take part in practical investigations to explore this topic further.

In RE, we have been learning about how Hindus worship. The children took part in a 'Deity treasure hunt', where they had to find clues around the classroom to learn more about each God or Goddess. The children have been really insured by this topic and many have chosen to partake in further reading using our class library.

In History, we have discovered more about the number system that the Mays people invented. It is much trickier than our number system. The children are very glad that we don't have to use the Maya number system in our Maths lessons!

Learning @ St Mary's

Year 3

This week in English, we used the book The Mousehole Cat and wrote some fantastic descriptive sentences using similes and expanded noun phrases. We are building up to writing a setting description.

In maths, we explored division and how partitioning numbers can make them easier to divide, such as splitting $54 \div 3$ into 30 and 24. Towards the end of the week, we looked at remainders in division, using the same method. Our times table knowledge and dienes helped us understand what division means.

In reading, we learned about Sir Isaac Newton as part of our science unit on forces and magnets. In PE, we worked on ball skills, focusing on dribbling with our THE NOUSEHOLE CATAntonia Barber Nicola Bayley

hands and feet. In RE, we learned about what it means to be Jewish. We explored the story of the Passover and the significance of Moses, and the children had the opportunity to re-tell the story in their own words.



The highlight of the week, of course, was our wonderful class assembly. The children worked so

hard to prepare for it. There were a few nerves before we stepped into the hall, but they were absolutely fantastic! It was great to see so many of our families in the audience, with smiles and even some unplanned laughs.

Thank you so much for joining us!

Safeguarding Team: DSL

Safeguarding@stmaryshamptonschool.org.uk



Richmond.gov.uk

Services

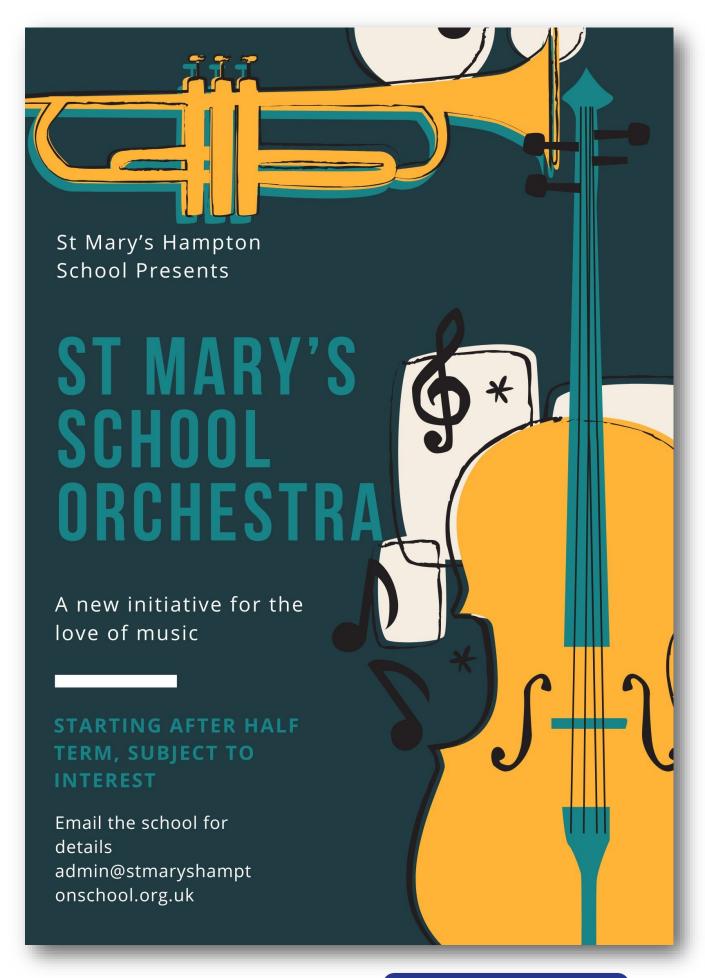
Home / Services / Children's services

Single Point of Access

If you think a child or young person is in immediate danger call 999.

You can contact us to request support, or to report a concern about a child or young person.

- If you are a parent, carer or professional, you can make a report online by selecting the relevant option below
- You can also phone 020 8547 5008 from 8am to 5.15pm, Monday to Thursday, and 8am to 5pm on Friday
- Out of hours, phone 020 8770 5000









'Helping children with...' Webinars for parents 2024/25

Achieving for Children's Mental Health Support Teams are delivering a series of webinars for parents of primary-aged children. The 'Helping Children with ...' series of webinars will cover a range of common difficulties experienced by children and will aim to share evidence-based strategies to help parents and carers support their children with these difficulties. Below is a list of webinars on offer over the coming months.

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Helping children with 	Overview of webinar	Morning 9am	Evening 6pm
Worries	The 'Helping children with worries' webinar will help you learn ways to support your child in dealing with their big feelings, worries and fears. This webinar will give you practical ideas on how to help your child to think more positively and develop their self confidence. You will also be introduced to some helpful cognitive behavioural therapy concepts.	Tuesday 12th November 2024 AND Friday 25th April 2025	Friday 24th January 2025
Resilience	The 'Helping children with resilience' webinar will support you in understanding how children develop resilience, while exploring a variety of helpful coping skills, and what you can do as a parent or carer to help them be their most confident self.	Friday 31st January 2025	Monday 14th October 2024 AND Thursday 20th March 2025
Friendships	In this webinar we will learn how to support our children develop their friendship skills: learning to communicate better, repair difficulties, and negotiate solutions when relationships between peers are tricky.	Friday 28th February 2025	Monday 18th November 2024 AND Tuesday 29th April 2025
Challenging behaviours	Children often communicate their needs through their behaviours. The 'Helping children with challenging behaviours' webinar will help you to learn about the different factors that can impact children's behaviours, build or strengthen positive relationships by reinforcing the importance of giving positive attention. You will also learn strategies to establish home rules and	Friday 6th December 2024	Tuesday 24th September 2024 AND Monday 3rd March 2025





	boundaries to create a safe and structured environment for your children.		
Screen time	In this webinar we discuss the positive and negative impact of screen time and gaming on a child's mental wellbeing. We will share the recommendations for screen time based on age, how to have this conversation with your child in a positive and effective manner and a simple and effective way to manage the use of screens in your home.	Friday 14th February 2025	Wednesday 2nd October 2024 AND Friday 2nd May 2025
Sleep	The 'Helping children with sleep' webinar introduces a number of key concepts and strategies to support you in creating a healthy bedtime routine for your child. This webinar focuses on the importance of sleep due to its impact on child development and wellbeing, and explores key components in enhancing sleep quality.	Friday 9th May 2025	Wednesday 27th November 2024 AND Tuesday 8th July 2025
Transition to Secondary	In this webinar we will explore the main worries children may experience when moving from primary to secondary school. We will help parents/carers think about the different ways to help to support and get their children prepared for the transition.	Thursday 22nd May 2025	Tuesday 20th May 2025 AND Tuesday 10th June 2025

^{*}All Webinars are 60 minutes long, with 15 minutes at the end for questions and answers.

How to sign up
Parents and carers can sign up to the webinars by scanning the QR code or using the link below:



https://afc-self.achieveservice.com/service/MHST_Helping_Children_Webinars_Primary

You can choose the date you would like to attend, and will need to provide your email address, the school your child attends, and their year group.

Who to contact

If you have any questions, please contact the school Mental Health Lead, who will direct queries to the allocated MHST practitioner.



^{*}Please have a pen and paper handy for the webinar.