## CHARDING TO THE AMORE

## **Developing Children's Spirituality**

At St Mary's Hampton CE Primary School, we recognise our responsibility to provide meaningful experiences, opportunities, and spaces for spiritual development. Our goal is to help children deepen their understanding of themselves, others, and the world around them. We support this process through our "Windows, Mirrors, and Doors" approach, which encourages children to encounter the world, reflect on their experiences, and grow as individuals, fostering a sense of purpose and transformation.

## Windows, Mirrors, and Doors Approach

This approach offers a framework for developing children's spirituality by providing opportunities for encounter, reflection, and transformation:

**Windows**: Opportunities to look out on the world to gaze and wonder: The 'awe and wonder' moments; the things we find amazing, make us go 'Wow!' and take our breath away.

Encounter: Learning about life

**Mirrors:** Giving opportunities for children to reflect: To look inward, to consider some of the big questions of life, to explore their own insights and those of others.

## Reflection: Learning from life

**Doors:** Giving opportunities to children to respond: To do or think something new, to go through the door of a creative expression of their own thoughts and convictions.

Transformation: *Learning to live life by putting into action what they believe.* 

based on the work of Liz Mills (2012)





