**St Mary’s Hampton CE Primary School,**

**Hampton PTFA Minutes of the Committee Meeting**

**Held on Wednesday, 13th September 2023, at 8.00 p.m.**

**Present:** Ayisha Hitchcock (Chairperson)

Lisa Mainwaring (Secretary & Year 2 & Reception)

Laura Court (Vice-Chairperson, Y1 & reception class rep)

**In attendance:**

Victoria Schamialiova Year 2

Astrid Montgomery Reception/ Year 2

Helen Neilan Year 2, 6

Fiona Griffin Year 4

Tal Maginelle  Year 3

Gosh Adruanna Reception

Melanie Jones Reception, Year 1

Esther Lumutenga Reception – online

Tai Azumara Year 5, 3 – online

Sarah McManus Year 4, 5 – online

Liz Weiss Treasurer - Year 3 – online

Kirsty Urquhart-Davies Year 4 – online

Jo Doherty online

**Apologies:**

Lisa Davies Year 2

**1. Introduction**

St Mary’s Hampton CE Primary School, Hampton PTFA Minutes of the Committee Meeting held on Wednesday, 13th September 2023 at 8.00 p.m. The Chair warmly welcomed all to the meeting in person.

2. **10 year Anniversary.** It’s the 10th anniversary of St Mary’s School this month. Ayisha, the chair, outlined what event we have planned to mark and help raise vital funds for the school.

* **Sat 23rd September, Colour Run:** Ayisha explained what a colour run is. A colour run, also known as a "colour race" or "colour fun run," is a fun and non-competitive running event that combines fitness with vibrant colours. Participants in a colour run start the race wearing white clothing, and at various points along the course, they are showered with coloured powders or liquids by volunteers or organizers. This results in colourful and cheerful runners by the end of the race.
* The primary focus of a colour run is not on winning or finishing quickly, but rather on promoting a festive and enjoyable atmosphere. We are hoping that the events will bring the St Mary’s community together and mark this special anniversary of the school.
* It was noted by a parent that Colour runs are particularly beneficial for children on the autism spectrum for several reasons:

1. Sensory Stimulation: Many children on the autism spectrum have sensory sensitivities. The colourful powders and liquids used in colour runs can provide a unique sensory experience that some children with autism find enjoyable and engaging. The tactile sensation of the coloured powders and the visual stimulation of the vibrant colours can be soothing and fascinating to them.

2. Social Interaction: Participating in a colour run can provide opportunities for social interaction in a relaxed and inclusive setting. Children with autism may benefit from social exposure and practice in a fun and low-pressure environment.

3. Sensory Integration: Colour runs promote sensory integration, which can be particularly beneficial for children with autism. Sensory integration activities can help children regulate their sensory experiences and improve their overall sensory processing abilities.

4. Inclusivity and Acceptance: Colour runs often have a strong sense of community and acceptance. Children on the autism spectrum can feel welcomed and included in a non-judgmental atmosphere, fostering a sense of belonging.

5. Physical Activity: Engaging in physical activity like running or walking in a colour run is excellent for promoting overall health and well-being. Exercise can have positive effects on mood and behaviour of all children.

6. Visual Stimulation: The vibrant colours in a colour run can be visually appealing and captivating for children with autism. This visual stimulation can enhance their sensory experiences and provide a source of enjoyment.

St Mary’s prides itself on being a diverse community and we hope this Colour Run will bring all children together.

**Attire:** The PTFA discussed the attire children participate in a colour run, it's essential to choose clothing that allows for comfort and easy clean-up after the event. Here are some clothing recommendations:

**1.** **\*\*White Clothing\*\*:** Colour runs typically involve participants starting the race in white clothing. This is because the colourful powders and liquids used during the event show up best on white backgrounds. White T-shirts and shorts or leggings are ideal choices.

**2. \*\*Old or Inexpensive Clothes**\*\*: Choose clothing that you don't mind getting stained or coloured. The colourful powders used in colour runs can sometimes leave permanent stains on clothing, so avoid wearing anything valuable or sentimental.

**3. \*\*Comfortable and Breathable Fabric\*\*:** Opt for clothing made of comfortable and breathable materials, such as cotton. Colour runs can be physically active, so comfortable clothing is essential.

**4. \*\*Sunglasses or Goggles\*\*:** To protect their eyes from getting coloured powder in them, consider having your child wear sunglasses or goggles. This can also add a fun and protective element to their outfit. The entry price includes goggles, so please ensure your child wears them.

**5. \*\*Bandana, Swimhat or Headwear\*\*:** Some children like to wear bandanas or hats to protect their hair from the coloured powders. These can also be used as accessories to add to the colourful theme.

**6. \*\*Old Shoes\*\*:** Don't forget about footwear. Children should wear old running shoes that you don't mind getting coloured. Closed-toe shoes are a good idea to protect their feet.

**7. \*\*Sunscreen\*\*:** If the colour run is outdoors and in a sunny location, apply sunscreen to protect your child's skin from UV rays, if it’s sunny.

**8. \*\*Extra Clothes\*\*:** Pack a change of clothes, including underwear, for your child to wear after the colour run. This way, they can feel more comfortable during the journey home, and you can prevent coloured powder from spreading to your car or home.

**9. \*\*Plastic Bags\*\*:** Bring plastic bags to store the coloured clothing after the event. This can help contain the mess and prevent it from spreading to other items.

Remember that the primary goal of a colour run is to have fun and celebrate the experience, so encourage your child to embrace the colourful chaos. Also, be prepared for some post-event clean-up, as the coloured powders may need to be shaken off, brushed, or gently washed from clothing.

* **Registration:** 90 people have sign up so far. Registration closes on Thursday 14th at 10am. The costs is £5 per person, which includes a pair of goggles. This just covers the cost of the paint and goggles with no markup. The sponsorship is how we are fundraising. ! <https://pay.collctiv.com/st-marys-10-year-anniversary-fundraiser-17771>
* Sponsorship: The main fundraising activity is sponsorship. The children who raises the most in each Year wins a prize. Please get in all your sponsorship money the day before the event and hand to your class rep.
* Event details: The event starts from 2 pm on Sat 23rd Sep. The event warm is at 2.30pm and the race follows shortly afterwards. Two amazing St Mary’s parents, Catherine and Jack, who are PT instructors, will be warming up all the participants.
* Each child who finishes receives a certificate (Laura is actioning).
* **Photos:** Parents to tick if they are happy for their child to be photos when they sign for their goggles on the day. Esther, has volunteered to take photos.

**Other things at the event:**

* Tal, an amazing St Mary’s parent, is providing fresh Middle Eastern Street food. Cheeky Pea is yummy and will be a hit with children and parents alike https://www.thecheekypeacatering.co.uk
* Space hoppers, bubble machine, quiet tent for children with sensory overload
* Tea & Coffee stand with cake (parents to provide cakes – donation please! Please bring the day before or on the day just before the event starts)
* Drinks & icecreams will also be on sale

**Parent help is required to:**

* make banners/ decorate the pavilion, provide decoration/ balloons etc
* Make cakes / cupcakes to sell (no nuts please)
* Help their children raise sponsorship
* Put up a gazebo for a quiet space with bean bags.
* Help volunteering on the tea and coffee stand and help throwing the paint
* Is there a videographer who can film the event on the day?
* Is there someone who is great at designing posters?

If you’d like to help, please get in touch with your class rep!

A huge thank you to:

* Helen Neilan has volunteered to be our first aider. We are looking for one more. Please get in touch with your class rep.
* Esther Lumutenga (reception) is going to do photos on the day (c

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3. The PTFA discussed other upcoming events and we are planning the following over the year. If anyone has any other ideas for events, please get in touch with anyone on the PTFA team or your class rep. We love to hear your ideas!!

* **After school Uniform Sale:** Thursday 14th September
* **Christmas Cards:** Wednesday 18 October PTFA requires volunteers on the day to help the children do their cards. These are then collated and sent off for print, in time for the end of November for parents to use
* **Mufi-Day:** 20th October – Children bring in £1
* **Quiz Night:** Saturday 18th November, with Pizza, wine/ beer and a silent auction. Action: Parents who can give a prize for the silent auction – we would love your help! Can you donate anything? Like a free service for your boiler, or backstage passes to a gig or theatre tickets etc?
* **Christmas Jumper Sale:** Donate by Thursday 23rd Nov. Sale on Thursday 30th
* **Children Xmas shopping:** 7th Dec.Details TBC – but we will need volunteers
* **Wreath** Making: Date TBC
* **Tree sale:** Date TBC
* **Circus:** Ayisha to look at booking an event for 2025
* **Leaver’s Disco:** Date June / July TBC
* **Valentine Disco:** Date tbc (as Valentines day falls over half term) and we’d need to check with Koosa, teachers and the cost of DJ Groovy Moovers

**4. Instagram:** The PTFA discussed having our own Instagram account to showcase all the wonderful things we do at the school.Esther Lumutenga has offered to be in charge of this and to set up with Laura Court.

**5. Gardens:** The plants were not watered regularly over the summer, and some have died. It also needs weeding. Ayisha will liaise with the school if the new caretaker can do this or if we need to get volunteer parents to help tidy it up.

**5. Trustees:** Five new wonderful trustees have joined the PTFA:

* Astrid Montgomery (Years 2 & Reception)
* Tal Maginelle (Year 3)
* Melanie Jones (Year 3 & Reception)
* Fiona Griffin (Year 4)
* Esther Lumutenga (Reception)

Thank you so much!! If you have a gift, talent or skill you could use to raise money for the school, we’d love to hear from you!! Please get in contact with anyone on the PTFA or your class rep. We’re a friendly bunch of regular mums (we’d love some Dads), and we laugh whilst trying to help our kids have the most memorable childhood at school.

6. **Date for next meeting**: Date TBC before October half term