

WEEKLY

# MENU 1

## MEATLESS MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### Mains with Vegetarian Option

Cheese and  
Tomato Pinwheels  
Served with  
Mashed Potato,  
Fresh Vegetables  
and Gravy

Beef or Veggie  
Meatballs in a  
Homemade Tomato  
Sauce served with  
Rice and Green  
Beans

Roast Pork (or  
Veggie Sausages)  
with Roast  
Potatoes, Broccoli,  
Carrots, Gravy and  
Apple Sauce

Chicken and  
Sweetcorn or  
Veggie Pasta Bake  
with Italian  
Vegetables

Fish & Chips or  
Cheese Omelette  
with Chunky Chips,  
Broccoli and  
Sweetcorn

### Additional Option

Baked Jacket Potato  
with Beans and Side  
Salad

Baked Jacket Potato  
with Tuna Mayo and  
Side Salad

Baked Jacket Potato  
with Chicken &  
Sweetcorn and Side  
Salad

Baked Jacket Potato  
with Cheese and  
Side Salad

Baked Jacket Potato  
with Beef Bolognese  
and Side Salad

### Dessert

Homemade Raisin  
Flapjack

Strawberry Jelly with  
Whipped Cream

Banana Cake and  
Custard

Coconut Tart with  
Cream

Fruit of the Forest  
Crumble with  
Custard

Fresh Fruit Option Available Daily

All dishes are homemade on site daily using fresh ingredients. Our sauces contain lots of "hidden" veggies making them very tasty and nutritious . A full list of any allergens in each dish is available on site and from the school office.



WEEKLY

# MENU 2

## MEATLESS MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### Mains

Tomato Pasta  
(Homemade  
Tomato Sauce  
packed with hidden  
fresh veggies) with  
Roasted Vegetables

Gammon and Leek  
Potato Bake or  
Veggie and Potato  
Bake served with  
Fresh Vegetables

Roast Chicken (or  
Veggie Sausages)  
served with Roast  
Potatoes, Carrots,  
Cabbage, Peas and  
Gravy

Creamy Mild Beef  
or Quorn Chilli  
served with Rice  
and Sweetcorn  
Salad

Fish & Chips or  
Spinach & Tomato  
Quiche with Skinny  
Fries, Peas and  
Side Salad

### Option

Baked Jacket Potato  
with Beans and Side  
Salad

Baked Jacket Potato  
with Tuna Mayo and  
Side Salad

Baked Jacket Potato  
with Chicken &  
Sweetcorn and Side  
Salad

Baked Jacket Potato  
with Cheese and  
Side Salad

Baked Jacket Potato  
with Beef Bolognise  
and Side Salad

### Dessert

Pineapple Upside  
Down Cake and  
Custard

Mixed Fruit Jelly

Chocolate Rice  
Crispy Squares

Cheese, Grapes and  
Crackers

Strawberry Sponge  
with Custard

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WEEKLY

# MENU 3

MEATLESS  
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Mains

Cheese & Veggie Quesadilla with Potato Wedges, Baked Beans and Mexican Rainbow Side Salad

BBQ Chicken or BBQ Quorn with Cowboy Rice and Cowboy Veggie & Bean Pot

Roast Beef (or Veggie Sausages) with Roast Potatoes, Carrots Peas, Cabbage and Gravy

Ham Mac n Cheese or Mac n Cheese with Roasted Vegetables

Breaded Fish (or Veggie Nuggets) with Herby Potatoes with Green Beans (baked in tomato sauce topped with grilled cheese)

Vegetarian  
Option

Baked Jacket Potato with Beans and Side Salad

Baked Jacket Potato with Tuna Mayo and Side Salad

Baked Jacket Potato with Chicken & Sweetcorn and Side Salad

Baked Jacket Potato with Cheese and Side Salad

Baked Jacket Potato with Beef Bolognaise and Side Salad

Dessert

Apple Crumble with Custard

Sticky Toffee Pudding

Strawberry Cornflake Tart

Raspberry Jelly

Chocolate Pudding with Chocolate Custard

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WEEKLY

# MENU 4

**MEATLESS  
MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**Mains**

Pizza served with Herbed Potatoes, Baked Beans and Homemade Coleslaw

Mild Chicken Korma or Vegetable Korma with Rice, Saag Aloo and Yoghurt Dip

Toad in the Hole (Pork or Veggie Sausage) with Roast Potatoes, Carrots Peas, Cabbage and Gravy

Bolognese Pasta (Beef or Quorn) served with Garlic Bread and Roasted Vegetables

Breaded Fish(or Veggie Nuggets) with Curly Fries, Peas and Sweetcorn Tartar/Tomato Sauce

**Vegetarian  
Option**

Baked Jacket Potato with Beans and Side Salad

Baked Jacket Potato with Tuna Mayo and Side Salad

Baked Jacket Potato with Chicken & Sweetcorn and Side Salad

Baked Jacket Potato with Cheese and Side Salad

Baked Jacket Potato with Beef Bolognese and Side Salad

**Dessert**

Pear and Chocolate Crumble with Custard

Orange Jelly

Rice Pudding with Raspberry

Strawberry Sponge and Strawberry Custard

Black Forest Fool

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